

NEWS FLASH

WESTMINSTER SENIOR AND COMMUNITY CENTER



125 Stoner Ave
Westminster, MD 21157

410-386-3850

westminstersc@carrollcountymd.gov

<https://www.carrollcountymd.gov/seniorcenters>

May
2024

Center Hours:

Monday-Friday

8:00 am to 4:00 pm

Center Closed:

Monday, May 27

INFORMATION STATION

CENTER STAFF



CENTER MANAGER:
KATIE WOODEN

CENTER ASSISTANT:
ESTHER BALDWIN

CENTER CUSTODIAN:
PHIL DAUGHERTY



Updating Your Membership Form

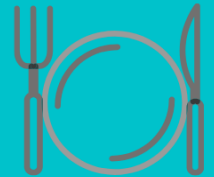
Every Senior Center Member MUST update their membership form YEARLY (around your birthday). This helps us keep our records up to date. If you are unsure if you have updated yet this year please check with Katie!



MEAL PROGRAM



Lunch is served at 11:30 am Monday - Friday



Reservations are required: Reservation Deadlines (RSVPs) are noted for each day. Otherwise, meals cannot be guaranteed. Call 410-386-3854 or see Center Assistant to learn how to sign up. Advanced notice of changes will be given when possible

Cost of lunch for seniors 60 and older is a donation up to \$6.09 for a Hot Lunch or 6.99 for a Cold Lunch. Those 59 and younger must pay the full price of \$6.09 for a Hot Lunch or 6.99 for a Cold Lunch. Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. if they are not, they must pay full price if under 60.

Interested in Volunteering?

Stop by the front desk to pick up a Volunteer Application.



DON'T FORGET TO SIGN ON THE TOUCH SCREEN EACH TIME YOU COME TO THE CENTER!

HOT Lunches

Westminster Senior Center

MAY 2024

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.09, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.09, Paid Directly To Assistant Director NAME:**


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>		<p>1 RSVP 4/24/24</p> <p>HOT DOG MEAL CONDIMENTS BAKED BEANS COLE SLAW DICED PEARS</p>	<p>2 RSVP 4/24/24</p> <p>MEATLOAF / MUSHROOM GRAVY GARLIC M. POTATOES PEAS & PEARL ONIONS WHEAT BREAD CINNAMON APPLES YOGURT</p>	<p>3 RSVP 4/24/24</p> <p>BBQ PORK LOIN ROLL BAKED BEANS COLE SLAW PINEAPPLE TIDBITS</p>
<p>6 RSVP 4/30/24</p> <p>CHICKEN POPPYSEED CASSEROLE RICE BLEND SEASONED GREEN BEANS WHEAT BREAD PEACHES</p>	<p>7 RSVP 4/30/24</p> <p>GROUND BEEF STROGANOFF BUTTERED NOODLES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES</p>	<p>8 RSVP 4/30/24</p> <p>PORK LOIN / SWEET ONION GRAVY PEAS & MUSHROOMS GARLIC MASHED POT. WHEAT BREAD FRUIT COCKTAIL</p>	<p>9 RSVP 4/30/24</p> <p>HONEY BBQ BEEF RIB PATTY ON ROLL FIESTA BLACK BEANS COLE SLAW FRUITED YOGURT</p>	<p>10 "SPECIAL" MOTHER'S DAY LUNCH RSVP 4/30/24</p> <p>ROAST BEEF & GRAVY RED POTAO CHUNKS HARVARD BEETS TOSSED SALAD & DRESSING FRESH MELON PIE</p>
<p>13 RSVP 5/6/24</p> <p>TURKEY & GRAVY MASHED POTATOES DILLED CARROTS WHEAT BREAD FRUIT CUP</p>	<p>14 "SPECIAL" BAKED POTATO RSVP 5/6/24</p> <p>BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>	<p>15 RSVP 5/6/24</p> <p>CR. OF BROCCOLI SOUP BBQ CHICKEN ROLL RED CABBAGE SLAW APRICOTS</p>	<p>16 RSVP 5/6/24</p> <p>MAPLE / PEACH GLAZED HAM AU-GRATIN POTATOES BRAISED CABBAGE WHEAT BREAD PINEAPPLE TIDBITS</p>	<p>17</p> <p>BOX LUNCH ONLY</p>
<p>20 RSVP 5/14/24</p> <p>TURKEY BURGER CHEESE & ROLL LETTUCE / TOMATO BAKED BEANS CUCUMBER ONION SALAD</p>	<p>21 RSVP 5/14/24</p> <p>ROAST BEEF & BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p>	<p>22 RSVP 5/14/24</p> <p>CHICKEN CACCITORE BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA & RED PEPPER SALAD</p>	<p>23 "SPECIAL" RSVP 5/14/24</p> <p>CHEESEBURGER ROLL & CONDITMENTS BAKED BEANS COLE SLAW FRESH FRUIT DESSERT</p>	<p>24 RSVP 5/14/24</p> <p>TOMATO BEAN SOUP TUNA SALAD SANDWICH COPPER PENNIES SALAD CINNAMON APPLES YOGURT</p>
<p>27</p>  <p>MEMORIAL DAY</p>	<p>28 RSVP 5/21/24</p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p>29 "SPECIAL" OLDER AMERICAN LUNCH RSVP 5/21/24</p> <p>PINEAPPLE GLAZED HAM ROAST TURKEY & GRAVY STUFFING MASHED POTATOES SAUTEED GREEN BEANS MIXED GREEN SALAD ROLLS & BUTTER DESSERT</p>	<p>30 RSVP 5/21/24</p> <p>SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT</p>	<p>31 RSVP 5/21/24</p> <p>PORK LOIN & GRAVY GARLIC M. POTATOES SEASONED KALE GERMAN CUCUMBER SALAD DINNER ROLL APPLE SNACK PACK YOGURT</p>

COLD Lunches

Westminster Senior Center

MAY 2024

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$6.99**, includes accompanying younger spouses;
Under 60 Years Old = **Full Price \$6.99**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 RSVP 4/24/24 COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	2 RSVP 4/24/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	RSVP 4/24/24 TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
6 RSVP 4/30/24 CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	7 RSVP 4/30/24 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	8 RSVP 4/30/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	9 RSVP 4/30/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	10 RSVP 4/30/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE
13 RSVP 5/6/24 BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	14 RSVP 5/6/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	15 RSVP 5/6/24 COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	16 RSVP 5/6/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	17 RSVP 5/6/24 TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
20 RSVP 5/14/24 CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	21 RSVP 5/14/24 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	22 RSVP 5/14/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	23 RSVP 5/14/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	24 RSVP 5/14/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE
27 MEMORIAL DAY CENTER CLOSED	28 RSVP 5/21/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	29 NO BOX LUNCH OPTION	30 RSVP 5/21/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	31 RSVP 5/21/24 TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE

Daily Activities

Activity	Time	Cost	Location
Billiards	8:00 am - 3:45 pm	None	Billiards Room
Computer Lab	8:00 am - 3:45 pm	None	Computer Lab
Exercise Equipment Room	8:00 am - 3:45 pm	None	Exercise Room
Bingo Penny Bingo	9:00 - 11:00 am	Penny per card 3rd Thursday: Nickle per card	Game Room
Morning Table Talk Catch-up, Relax, Enjoy Coffee with your senior center friends.	9:00 - 11:00 am	None	Dining Room
Lunch	11:30 am	See menu for reservation deadlines & directions.	Dining Room
Walk the WSC Walking Path	8:00 am - 3:45 pm	Free	Backyard

*All Activities are subject to change without notice.

Arts & Crafts Activities

Activity	Day	Time	Cost	Session Info/Location
Painting & Drawing All skill levels & medium forms. Instructor led class.	Mondays	12:30 - 3:00 pm	\$25	8 Weeks Next Session begins: April 8, 2024
Stained Glass – Space is limited-more info to come once space is available	Wednesdays & Thursdays	T: 8:15 - 12:00 pm W: 8:15 - 12:00 pm Th: 12:00 - 3:45pm	\$15 one-time fee plus \$2 each class for materials	Craft Room
Clay Crafters – Space is limited-more info to come once space is available	Tuesdays	12:00 - 3:30 pm	\$15 one-time fee plus \$2 each class for materials	Ceramic Room
Needle Circle	Mondays & Wednesdays	M: 9:00 - 11:00 am W: 12:00 - 2:30 pm	None	Craft Room
Quilting Circle & Smiling with Stitches – Quilting & Project Linus blanket community service group.	Thursdays	9:00 - 11:00 am	None	Craft Room; Must supply own material

Exercise Classes

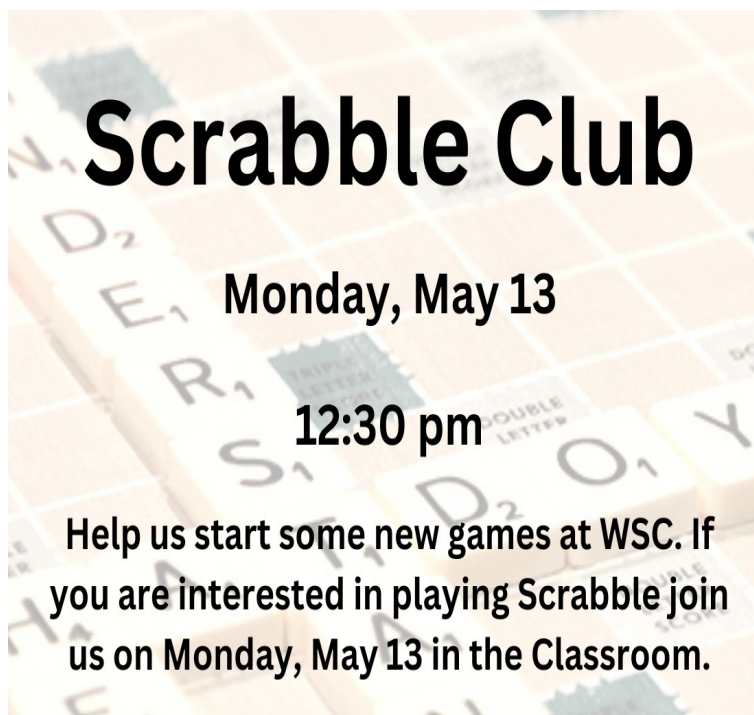
Activity	Day	Time	Cost	Session Info
Dance Fitness <i>(Low Intensity)</i> Fun music & dance moves for staying fit!	Monday, Wednesday, & Fridays	8:45 - 9:45 am	\$30/month; includes Mon, Wed, & Fri	Session runs Monthly; 3x Weekly
Arthritis Exercise Class <i>(Low Intensity)</i>	Mondays	1:00 - 2:00 pm	\$10	12 weeks Session Began: April 22, 2024
Arthritis Exercise Class <i>(Low Intensity)</i>	Thursdays	1:00 - 2:00 pm	\$10	12 weeks Session resumed: April 18, 2024
Dance Fitness & Strength Exercise Class <i>(Moderate Intensity & Coordination)</i> High-energy dancing & strengthening exercises	Tuesdays	1:00 - 2:00 pm	\$30	12 weeks Next Session Begins: ON HOLD
Zumba Gold <i>(Moderate Intensity & Coordination)</i> With modifications for chair use!	Tuesdays	10:30 - 11:30 am	\$30	10-12 Weeks Next Session Begins: May 14, 2024
NEW Circuit Training Class <i>Moderate Intensity</i>	Tuesdays	10:00 - 10:30 am & 11:30 - 12:00 pm	Donation	12 Weeks Session Began: April 9, 2024
Yoga With modifications for chair use	Wednesdays	10:00 - 11:00 am	\$50	10 weeks Next Session Begins: May 22, 2024
Line & Country Dance Class <i>(Moderate Intensity & Coordination)</i>	Thursdays	10:00 - 11:30 am	\$30 Includes Monday practice class	10-12 Weeks Session Began: April 4, 2024
Line & Country Dance Practice	Mondays	10:30 - 11:30 am	Included with Thursday's Class Fee	
Stretch & Strength Exercise Uses exercise videos	Tuesdays & Thursdays	T: 9:00 - 10:00 am Th: 8:45 - 9:45 am	Free	Drop-in
Walking Indoor Exercise Walk & stretch to Leslie Sansone exercise videos	Monday, Wednesday, & Fridays	M: 2:00 - 3:00 pm W: 1:30 - 2:30 pm F: 1:30 - 2:30 pm	Free	Drop-in
Pickleball Must have own equipment	Mondays, Wednesdays & Fridays	8:30 am - 11:30 am	\$10 one-time fee; Pay at WSC	Meets at Robert Moton Center Gym

*Start dates for sessions are subject to change. Please contact the Center with any questions.

Cards, Games & Entertainment

Activity	Day	Time	Session Info/Location
Carroll County Duplicate Bridge ACBL Sanctioned, Experienced Play	Mondays	11:30 am - 3:30 pm	Game Room; Sanctioned Play Dues
Level II Bridge Lessons By reservation only, 410-386-3850	Wednesdays	1:00 - 3:00 pm	On Hold
Pinochle	Fridays	11:30 am - 2:45 pm	Game Room
Progressive 500 Card	Wednesdays	12:30 - 3:30 pm	Game Room
<u>NEW!</u> Hearts	1st & 3rd Tuesdays	12:30 - 3:30 pm	Game Room
<u>NEW!</u> Hand & Foot	2nd & 4th Tuesdays	12:30 - 3:30 pm	Game Room
Mahjong	Thursdays	12:30 - 3:30 pm	Game Room
Thinking Power Test your memory &	Tuesdays	10:00 - 11:00 am	Dining Room
Wii Games: Bowling	Wednesdays	10:00 - 11:00 am	Dining Room TV
Afternoons at the Movies	Thursdays	12:30 pm	Classroom
Prize Bingo: Come play for fun prizes!	Fridays	12:30 - 2:00 pm	Dining Room

*All Activities are subject to change without notice.



Scrabble Club

Monday, May 13

12:30 pm

Help us start some new games at WSC. If you are interested in playing Scrabble join us on Monday, May 13 in the Classroom.



Postage Stamp Collector Club

Next club meeting:

May 23, 2024

11 am - 12 pm

in the Craft Room

All welcome to attend!

Upcoming Special Events

Program	Date	Time	Session Info
Early Voting	May 2 - 9	7 am - 8 pm	
Legal Aid	Wednesday, May 1	1:00 pm - 4:00 pm	Free; no appointment needed, just stop in!
Fresh Conversation with Terry	Thursday, May 2	10:00 am	Free, in dining room. "Inflammation"
Stamp It: Rubber Stamping	Tuesday, May 7	1:00 pm - 2:30 pm	\$10.00/class. By reservation only, 410-386-3850
Mother's Day Lunch	Friday, May 10	11:30 am	Reservations Required for Lunch
Site Council Meeting	Monday, May 13	10:30 am	In the Dining Room; All welcome to attend!
Spring Fling Tea	Friday, May 17	1:00 pm	Purchase your tickets starting April 10
Memorial Day Lunch	Thursday, May 23	11:30 pm	Reservations Required for Lunch
CENTER CLOSED Memorial Day	Monday, May 27	ALL DAY	
Older Americans Lunch & Entertainment	Wednesday, May 29	11:30 pm	Reservations Required for Lunch
Shredding Truck & Rx Medication Drop Off	Friday, May 31	9:00 am - 11:00 am	Free, Drive-Thru in Parking Lot

*Special Events are subject to change without notice.

PICTURES WANTED

We are giving our Veterans Board in the lobby a makeover! If you are interested in being on the board, please bring in your service picture. We will scan a copy and give you the original back. Please see Katie with questions or your picture!



FRESH CONVERSATIONS



Fresh Conversations provides a new, or fresh, newsletter each month. Each issue focuses on a current health topic and offers practical tips and sensible solutions to everyday problems that get in the way of doing what most people want to do: eat well and live well!

The newsletter provides up-to-date information to you from nutrition and health research. You will also find low-cost, healthy recipes, easy ways to be active at home, puzzles and games.

FREE EVENTS

Fresh Conversations is a Nutrition Program

This will be a [6]-part series with one session monthly beginning in May and running through October.

Room: Dining Room
Time: 10 noon

- **Inflammation:** May 2, 2024
- **Healthy Foods, Healthy Brain:** June 6, 2024
- **Go with Your Gut Bacteria:** July 11, 2024
- **Should You Worry About Vitamin D Deficiency?** August 1, 2024
- **Dairy Case Dilemma: Is It Really Milk?** September 5, 2024
- **Are Healthy Bones Important?** October 3, 2024

You will be asked to fill out a voluntary survey that will take ~5 minutes.

If you need a reasonable accommodation to participate in any event or activity, please contact us 14 days before your preferred individual session.

Terry Serio 410-491-7477

Living Your Dreams • Be Active, Be Strong

**JOIN US FOR
FUN & CONVERSATION**

Early Voting at Westminster Senior Center

Due to Early Voting, all classes that are held in the Multi-Purpose Room are cancelled from Thursday, May 2 to Thursday, May 9.



Spring Fling Tea

Friday, May 17

1:00 pm

Spring themed tea with
every delights!

\$10.00 per person

Payment to be made on the day of the event

Tickets go on sale on May 10th

Interested in purchasing
filling a whole table? Please see us at the Westminster Senior Center

Space is limited to 72 people so don't wait to sign up!

SOLD OUT

FREE DRIVE-THRU SHREDDING & MEDICATION DISPOSAL!!!

The Carroll County Bureau of Aging & Disabilities is sponsoring Shredding and Medication Disposal events at each of the five Senior & Community Centers. The events are free and are open to adults 60+ years of age and adults with disabilities 18+ years of age. No businesses please.

The medication disposal is provided in partnership with the Carroll County Health Department and the Carroll County Sheriff's Office. If you have questions on what medications can be accepted, please call 410-876-4449.

The shredding services will be completed by The Shred Mill, a document destruction and recycling company based in Sykesville. The shredding services will be completed on-site at each event.

For more information contact:

Kristen Harvey
Carroll County Bureau of Aging & Disabilities
kharvey@carrollcountymd.gov
410-386-3800



The Shred Mill will shred the following items on site: Paper documents, bound books, spiral and plastic bindings, X-rays and CD's. No need to remove staples or paper clips.

When it is your turn, please stay in your vehicle and we will do the rest!

The Sheriff's Office is collecting medications only.

For safety reasons,
NO MEDICAL WASTE
NO SHARPS
NO NEEDLES

Mt Airy

Senior & Community Center

703 Ridge Ave, Mt Airy, MD 21771

410-386-3960

Wednesday, May 8th

9 AM to 11 AM

Taneytown

Senior & Community Center

220 Roberts Mill Rd, Taneytown, MD 21787

410-386-2700

Thursday, May 16th

9AM to 11AM

South Carroll

Senior & Community Center

5928 Mineral Hill Rd, Eldersburg, MD 21784

410-386-3700

Monday, May 20th

9AM to 11AM



North Carroll

Senior & Community Center

2328 Hanover Pike, Hampstead, MD 21074

410-386-3900

Friday, May 24th

9AM to 11AM

Westminster

Senior & Community Center

125 Stoner Ave, Westminster, MD 21157

410-386-3850

Friday, May 31st

9AM to 11AM



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.



Nutrition Bingo

Wednesday, May 15 at 12:30 pm
in the Dining Room

Let's have some fun! Come join Lisa for Nutrition Bingo. Win fresh fruits and vegetables from our local farmers.



Celebrate National Hummus Day

Monday, May 13

10:45 am
in the Dining Room

Come join Lisa for a fun hummus tasting session. If you have never had hummus before now is your chance to try a healthy & tasty snack!

Sign up at the front desk by May 9th

All Aboard the Middletown & Hummelstown Railroad!

Wednesday, June 12, 2024

Bus Leaves WSC at 8:45 am &
Returns to WSC by 4:15 pm

Cost: \$56.00 per person

Includes 1 hour & 15 min train ride on the Middletown & Hummelstown Railroad, board a vintage 1920 passenger coach for a wonderful ride through scenic Swatara Creek Valley.

Lunch on-your-own and shopping at Cracker Barrel

Last day to sign up is May 22



If interested, please sign up at the Front Desk. Payment due at time of sign up! payment will be held until day of the trip.

All trip times, cost & package offers are subject to change depending on participation and weather.

Upcoming Westminster Senior Center 2024 Bus Trips

**Hickory Bridge Farm: Lunch & “A Country Variety Show”
Ortanna, PA**

Tuesday, September 10, 2024

Cost: \$75.00 per person (includes Lunch & Show)

Sign up begins June 3rd

See trip flyer at center for more information!



PA Christmas & Gift Show

Harrisburg, PA

Wednesday, December 4, 2024

Cost: \$45.00 per person includes Show Ticket

Sign up begins September 3rd

See trip flyer at center for more information!



More trips to come!

NOTE:

Payment due on day of sign-up

Payment will be held until date of trip.

Sign up in person by the Deadline Date.

Costs are non-refundable, except in the case of illness or family emergency

All others-refunds will be made if you find someone to purchase your seat.

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