



May Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Reservation Required by posted sign up date.

To reserve a lunch fill out a menu with your name and clearly mark the lunches you want. Turn the menu in at the front desk.

Cost of lunch for center members 60+ is a donation up to \$6.09 (full cost of meal).

Per grant requirements, those under 60 must pay the full price of \$6.09

Spouses of adults over 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.

- 1 Multi-Bean Soup
- Curried Chicken Salad
- Baby Spinach Bed
- Grape Tomatoes
- WG Wheat Bread
- Mandarin Oranges

Sign up due by
10:00am 4/26

- 2 Meatloaf w/Mushroom Gravy
- Garlic Mashed Potatoes
- Peas & Pearl Onions
- Cinnamon Apples
- WG Wheat Bread
- Fruited Yogurt

Sign up due by
10:00am 4/29



Hot Dog

With All The Fixings

Cole Slaw Baked Beans
Diced Pears Potato Chips

Sign up due by
10:00am 4/25

- 6 **SPECIAL**
- Roast Stuffed Chicken (Skin-on Chicken Breast Stuffed w/ Bread Dressing w/White Wine Sauce)
- White & Wild Rice Blend
- Roasted Root Vegetable Medley
- Pound Cake

Sign up due by
10:00am 4/26

- 7 Ground Beef Stroganoff
- WG Butter Noodles
- WG Wheat Bread
- Creamy Cucumber Salad
- Mandarin Oranges

Sign up due by
10:00am 5/2

- 8 Roast Pork Loin w/Sweet Onion Gravy
- Peas & Mushrooms
- Garlic Mashed Potatoes
- WG Wheat Bread
- Fruit Cocktail

Sign up due by
10:00am 5/3

- 9 Honey BBQ Beef Rib Patty
- Fresh Cole Slaw
- WG Sandwich Roll
- Fiesta Black Beans
- Fruited Yogurt

Sign up due by
10:00am 5/6

- 10 **SPECIAL**
- Roast Beef Eye Round
- Red Potato Chunks
- Gravy
- Harvard Beets
- Tossed Salad
- Ranch Dressing Roll
- Fresh Melon
- Cherry Pie w/ Whipped Topping

Sign up due by
10:00am 5/2

- 13 Open Faced Turkey Sandwich w/Gravy
- Mashed Potatoes
- Dilled Carrots
- WG Wheat Bread
- Fruit Cocktail

Sign up due by
10:00am 5/8

- 14 **SPECIAL**
- Beef Steak w/Red Wine Demi-Glaze
- Garlic Mashed Potatoes
- Grilled Corn & Sweet Pepper Medley
- WG Wheat Dinner Roll
- Confetti Cake Cookie

Sign up due by
10:00am 5/6

- 15 Cream of Broccoli Soup
- BBQ Chicken Sandwich
- WG Hamburger Roll
- Fresh Red Cabbage Slaw
- Apricot Halves

Sign up due by
10:00am 5/10

- 16 **FOOD TRUCK**
- Lyfe Acai Food Truck
- Acai Bowls & Frosty Lemonade Swirl

Sign up with Brad by
10:00am 5/8

- 17 Roast Chicken w/Creamy Artichoke Sauce
- Yellow Rice Pilaf
- Seasoned Green Beans
- WG Wheat Bread
- Cinnamon Apple Slices

Sign up due by
10:00am 5/14

- 20 **SPECIAL**
- Stuffed Green Pepper (Pepper Stuffed w/Beef, Rice & Tomato w/Marinara Sauce)
- Diced Beets
- WG Wheat Bread
- Crumb Cake

Sign up due by
10:00am 5/10

- 21 Pot Roast of Beef w/Burgundy Gravy
- Roasted Potatoes
- Seasoned Greens
- WG Wheat Bread
- Mandarin Oranges

Sign up due by
10:00am 5/16

- 22 Chicken Cacciatore
- WG Brown Rice
- Buttered Carrots
- WG Wheat Bread
- Green Pea & Red Pepper Salad

Sign up due by
10:00am 5/17

- 23 **MEMORIAL DAY SPECIAL**
- ★ Hamburger ★
- Sliced Cheese
- Lettuce/Tomato/Onion
- ★ Baked Beans ★
- Sandwich Roll
- Cole Slaw
- ★ Cut Fresh Fruit ★

Sign up due by
10:00am 5/15

- 24 Tomato Multi-Bean Soup
- Tuna Salad Sandwich
- Lettuce & Tomato
- Copper Pennies
- WG Wheat Bread
- Hot Cinnamon Apples
- Fruited Yogurt

Sign up due by
10:00am 5/21

27 CENTER CLOSED



- 28 Meatball & Cheese Sub
- WG Italian Roll
- Seasoned Green Beans
- Mandarin Oranges

Sign up due by
10:00am 5/22

- 29 **SPECIAL**
- Older Americans Day
- See Flyer Once Announced

Sign up due by
10:00am 5/20

- 30 **SPECIAL**
- Pulled Pork BBQ
- Cut Sweet Potatoes
- Creamy Cole Slaw
- WG Wheat Sandwich Roll
- Cherry Crisp

Sign up due by
10:00am 5/21

- 31 Roast Pork Loin w/Gravy
- German Cucumber Salad
- Seasoned Kale
- Garlic Mashed Potatoes
- WG Wheat Dinner Roll
- Sliced Apple Snack Pack
- Fruited Yogurt

Sign up due by
10:00am 5/28