

**August 2024 Menu North Carroll Lunch** MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$6.09 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.09. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Meatloaf w/Gravy Mashed Potatoes Peas & Pearl Onions Cinnamon Apples Bread/Juice/Yogurt RSVP BY 7/30 @ 10 AM	2. BBQ Pork Loin Sandwich Baked Beans Cole Slaw Fruit/Juice/Milk RSVP BY 7/31 @ 10 AM
5. Chicken Casserole Wild Rice Blend Green Beans Diced Peaches Bread/Juice/Milk RSVP BY 8/1 @ 10 AM	6. Beef Stroganoff Buttered Noodles Creamy Cucumber Salad Mandarin Oranges Bread/Juice/Milk RSVP BY 8/2 @ 10 AM	7. Roast Pork Loin w/Gravy Mashed Potatoes Peas & Mushrooms Fruit Cocktail Bread/Juice/Milk RSVP BY 8/5 @ 10 AM	8. BBQ Beef Rib Patty Sandwich Fiesta Black Beans Cole Slaw Juice/Yogurt RSVP BY 8/6 @ 10 AM	<b>9. POTATO DAY</b> <b>Chili con Carne</b> <b>Spinach Salad</b> <b>Applesauce</b> <b>Bread/Juice/Milk</b> <b>RSVP BY 8/2 @ 10 AM</b>
12. Roast Turkey w/ Gravy Mashed Potatoes Dilled Carrots Fruit Cocktail Bread/Juice/Milk RSVP BY 8/8 @ 10 AM	13. Salisbury Steak w/ Gravy Roasted Potatoes Harvard Beets Navy Bean Salad Bread/Juice/Milk RSVP BY 8/9 @ 10 AM	<b>14. HOT DOG DAY</b> <b>Baked Beans</b> <b>Cole slaw</b> <b>Diced Pears</b> <b>Milk</b> <b>RSVP BY 8/7 @ 10 AM</b>	<b>15. SUMMER SPECIAL</b> <b>Pulled Pork Sandwich</b> <b>Broccoli Salad</b> <b>Sweet Potato Chunks</b> <b>Pineapple Tidbits</b> <b>Dessert/Milk</b> <b>RSVP BY 8/8 @ 10 AM</b>	16. Chicken w/Artichoke Sauce Yellow Rice Pilaf Green Beans Apple Slices Bread/Juice/Milk RSVP BY 8/14 @ 10 AM
<b>19. MEATLOAF SPECIAL</b> <b>Mashed Potatoes</b> <b>Sliced Carrots</b> <b>Applesauce</b> <b>Bread/Juice/Milk</b> <b>RSVP BY 8/12 @ 10 AM</b>	20. Pot Roast Beef Roasted Potatoes Seasoned Greens Mandarin Oranges Bread/Juice/Milk RSVP BY 8/16 @ 10 AM	21. Chicken Cacciatore Brown Rice Buttered Carrots Pea & Red Pepper Salad Bread/Juice/Milk RSVP BY 8/19 @ 10 AM	22. Pepperjack Burger Broccoli Slaw Tropical Fruit Juice Milk RSVP BY 8/20 @ 10 AM	23. Tuna Sandwich Tomato Multibean Soup Copper Pennies Hot Cinnamon Apples Yogurt RSVP BY 8/21 @ 10 AM
26. Ranch Chicken Yellow Rice Pilaf Peas & Carrots Moroccan Beet Salad Bread/Juice/Milk RSVP BY 8/22 @ 10 AM	27. Meatball Sub Green Beans Mandarin Oranges Juice Milk RSVP BY 8/23 @ 10 AM	<b>28. TURKEY SUB DAY</b> <b>Potato Salad</b> <b>Cole Slaw</b> <b>Fruit Cocktail</b> <b>Juice/Milk</b> <b>RSVP BY 8/21 @ 10 AM</b>	29. Chicken Salad Sandwich Split Pea Soup Cole Slaw Tropical Fruit Yogurt RSVP BY 8/27 @ 10 AM	30. Roast Pork Loin w/ Gravy Mashed Potatoes Seasoned Kale Cucumber Salad Bread/Fruit/Milk RSVP BY 8/28 @ 10 AM