

HOT Lunches

Westminster Senior Center

August 2024

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.09, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.09, Paid Directly To Assistant Director NAME:**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p>			<p>1 RSVP 7/25/24 MEATLOAF MUSHROOM GRAVY GARLIC M. POTATOES PEAS & PEARL ONIONS WHEAT BREAD CINNAMON APPLES YOGURT</p>	<p>2 RSVP 7/25/24 BBQ PORK LOIN SANDWICH ROLL BAKED BEANS COLE SLAW PINEAPPLE TIDBITS</p>
<p>5 RSVP 7/30/24 CHICKEN POPPYSEED CASSEROLE WHITE & WILD RICE GREEN BEANS WHEAT BREAD DICED PEACHES</p>	<p>6 RSVP 7/30/24 GROUND BEEF STROGANOFF BUTTERED NOODLES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES</p>	<p>7 RSVP 7/30/24 PORK LOIN / SWEET ONION GRAVY PEAS & MUSHROOMS GARLIC MASHED POT. WHEAT BREAD FRUIT COCKTAIL</p>	<p>8 RSVP 7/30/24 HONEY BBQ BEEF RIB PATTY ON ROLL FIESTA BLACK BEANS COLE SLAW YOGURT</p>	<p>9 SPECIAL BAKED POTATO RSVP 7/30/24 BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>
<p>12 RSVP 8/6/24 ROAST STUFFED BREAST ROASTED ROOT VEGGIE MEDLY RICE BLEND JUICE & MILK</p>	<p>13 RSVP 8/6/24 SALISBURY STEAK GRAVY ROASTED POTATOES HARVARD BEETS WHEAT BRAED AMISH BEAN SALAD</p>	<p>14 RSVP 8/6/24 CREAM OF BROCCOLI SOUP BBQ CHICKEN ROLL RED CABBAGE SLAW APRICOTS</p>	<p>15 SPECIAL LUAU LUNCH RSVP 8/6/24 PULLED PORK SANDWICH SWEET POTATOES BROCCOLI SALAD PINEAPPLE TIDBITS COCONUT PIE</p>	<p>16 RSVP 8/6/24 ROAST CHICKEN & CREAMY ARTICHOKE SAUCE YELLOW RICE PILAF GREEN BEANS WHEAT BREAD CINNAMON APPLE SLICES</p>
<p>19 RSVP 8/13/24 TURKEY BURGER CHEESE & ROLL LETTUCE / TOMATO BAKED BEANS CUCUMBER ONION SALAD</p>	<p>20 RSVP 8/13/24 SLICE OF BEEF POT ROAST & BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p>	<p>21 RSVP 8/13/24 HOT DOG MEAL CONDITMENTS BAKED BEANS COLE SLAW DICED PEAR</p>	<p>22 RSVP 8/13/24 PEPPER JACK CHEESE BEEF PATTY ROUND ROLL LETTUCE TOMATO GARNISH BROCCOLI SLAW TROPICAL FRUIT</p>	<p>23 RSVP 8/13/24 TOMATO BEAN SOUP TUNA SALAD SANDWICH COPPER PENNIES CINNAMON APPLES YOGURT</p>
<p>26 RSVP 8/20/24 CREAMY RANCH CHICKEN YELLOW RICE PILAF PEAS & CARROTS WHEAT BREAD MOROCCAN BEET SALAD</p>	<p>27 RSVP 8/20/24 MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p>28 SPECIAL SUB DAY RSVP 8/20/24 TURKEY COMBO MEAT CLUB ROLL CONDITMENTS COLE SLAW POTATO SALAD FRUIT COCKTAIL</p>	<p>29 RSVP 8/20/24 SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT</p>	<p>30 RSVP 8/20/24 PORK LOIN & GRAVY GARLIC M. POTATOES SEASONED KALE GERMAN CUCUMBER SALAD DINNER ROLL APPLE SNACK PACK YOGURT</p>

COLD Lunches

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August 2024

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Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$6.99**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$6.99**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 RSVP 7/25/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	2 RSVP 7/25/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ.CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE
5 RSVP 7/30/24 BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	6 RSVP 7/30/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	7 RSVP 7/30/24 COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	8 RSVP 7/30/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	9 RSVP 7/30/24 TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
12 RSVP 8/6/24 CURRRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	13 RSVP 8/6/24 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	14 RSVP 8/6/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	15 RSVP 8/6/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	16 RSVP 8/6/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ.CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE
19 RSVP 8/13/24 BOLOGNA, SALAMI & CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	20 RSVP 8/13/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE	21 RSVP 8/13/24 COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE	22 RSVP 8/13/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	23 RSVP 8/13/24 TURKEY & CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE
26 RSVP 8/20/24 CURRRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE	27 RSVP 8/20/24 COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	28 RSVP 8/20/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE	29 RSVP 8/20/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE	30 RSVP 8/20/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ.CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE