

Taneytown SC This Month...



TANEYTOWN SENIOR CENTER

220 Roberts Mill Rd.
Taneytown, MD 21787

410.386.2700

taneytownsc@carrollcountymd.gov

<https://www.carrollcountymd.gov/seniorcenters>

June 2024

Summer Center Hours

Monday - Thursday

8:00 am - 4:00 pm

Friday

8:00 am - 3:00 pm

Closing Early @ 11:30 am

Thursday, June 6, 2024

Closed for Holiday

Wednesday, June 19, 2024



ATTENTION!



Updating Your Membership Form

Every senior center member must update their membership form before participating in any activity.

These forms should be updated yearly (the month of your birthday) to keep our records up to date!

If you have any questions please let us know.



Lunches



We offer dine in lunch Monday - Friday

To reserve your meal please sign up in the lunch book, call 410-386-2700, or email taneytownsc@carrollcountymd.gov

Cost of lunch for seniors 60 and older is a donation up to \$6.09.

Those 59 and younger pay full price of \$6.09.

Spouses of adults over 60, regardless of age, may give a donation if they accompany their spouse. If they are not, they must pay full price if under 60.



Don't forget to sign in on the touchscreen each time you come to the center!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) RSVP by 5/29 Chicken Fajitas Mexican Rice Diced Peaches Pineapple Juice	4) RSVP by 5/30 Turkey & Gravy Mashed Potatoes Tropical Beets Corn & Pea Salad Tropical Fruit	5) RSVP by 5/31 Pasta & Meat Sauce Cucumber & Tomato Salad Wheat Bread Grape Juice	6) Center Closes at 11:30 Meals available upon request. See Erica or Shawn	7) RSVP by 6/4 Meatloaf Mushroom Gravy Mashed Potatoes Peas & Onions Cinnamon Apples Wheat Bread Fruit Punch Yogurt
10) RSVP by 6/3 Ham & Cheese Sub L,T,O Potato Salad Cole Slaw Fruit Cocktail SUB DAY	11) RSVP by 6/5 Fish Sandwich L,T Mixed Vegetables Fruit Cocktail	12) RSVP by 6/5 All Beef Hot Dogs Baked Beans Cole Slaw Fruit Cocktail Juice	13) RSVP by 6/10 Roasted Pork Loin Sweet Onion Gravy Mashed Potatoes Peas & Mushrooms Fruit Cocktail Fruit Punch Chocolate Milk	14) RSVP by 6/7 Roast Beef & Gravy Red Potatoes Harvard Beets Broccoli Salad Dinner Roll Fresh Melon Apple Pie FATHER'S DAY
17) RSVP by 6/12 Cheese or Pepperoni Pizza Caesar Salad Apricots Juice	18) RSVP by 6/13 Roasted Turkey & Gravy Mashed Potatoes Dilled Carrots Fruit Cup Wheat Bread Apple Juice Chocolate Milk	19) 	20) RSVP by 6/14 BBQ Chicken Sandwich Cream of Broccoli Soup Cabbage Slaw Apricot Halves Chocolate Milk	21) RSVP by 6/17 Maple Peach Ham Au Gratin Potatoes Braised Cabbage Pineapple Tidbits Wheat Bread Fruit Punch Chocolate Milk
24) RSVP by 6/18 Chicken & Artichoke Sauce Rice Pilaf Green Beans Cinnamon Apple Slices Wheat Bread Juice	25) RSVP by 6/20 Turkey Burger L,T,O Cucumber & Onion Salad Baked Beans Fruited Yogurt	26) RSVP by 6/18 Baked Potato Chili Con Carne Spinach Salad Applesauce Wheat Bread Fruit Punch BAKED POTATO	27) RSVP by 6/24 Chicken Cacciatore Brown Rice Buttered Carrots Green Pea Salad Wheat Bread Orange Juice Chocolate Milk	28) RSVP By 6/25 Pepperjack Cheeseburger L,T Broccoli Slaw Tropical Fruit Pineapple Juice

- ◆ **Cost of lunch for Center members 60+ years is a donation up to \$6.09 (full cost of meal).**
- ◆ **Per grant requirements, individuals age 50-59 years must pay the full price.**
- ◆ **Spouses of members 60+ years, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.**

Check Out Our Classes

Senior Fun & Fitness Exercise Class

Mondays @ 12:30 pm

Ten to Twelve (10-12) class session Cost: \$25.00

Staying Fit

Thursdays @ 9:30 am

Ten to Twelve (10-12) class session Cost: \$25.00

Take advantage of these excellent low-impact, low intensity, fun workout and an easy way to get moving while also improving balance and coordination, reducing stress, boosting your overall fitness level, and can help older adults preserve the ability to perform normal daily activities on their own, like standing up from a chair.

Zumba Gold Exercise Class

Tuesdays @ 9:00 am

Ten to Twelve (10-12) class session Cost: \$30.00

Take advantage of an excellent low-impact, low intensity workout to lively music. It protects your joints and muscles while raising your heart rate and improving your balance, posture, and coordination. Meets recommended exercise-intensity guidelines for improving and maintaining cardio fitness and strength in middle-aged and older adults. And it's fun!

Line Dancing Class

Tuesdays @ 10:00 am

Twelve (12) class session Cost: \$30.00

Join in and learn classic and modern line dances.

Arthritis Exercise Class

Wednesdays @ 12:30 pm

Ten to Twelve (10-12) class session Cost: \$25.00

Benefits of Exercise for Arthritis: Good news for patients with osteoarthritis, or OA – there's new evidence that physical activity can help prevent or slow OA damage and keep joints healthy. May Delay or Prevent Hip Surgery - People with mild to moderate hip osteoarthritis may be able to delay or avoid hip surgery if they exercise, according to a new study. If you have osteoarthritis, exercise may be the single most effective non-drug treatment you can do for your body.

**Stained Glass Class
is Currently FULL**

**We are taking
names for a Waitlist**

Stained Glass Craft Class

Fridays @ 12:00 pm

Six (6) class session Cost: \$30.00

Learn to make beautiful stained glass pieces. Beginners welcome.



Daily Activities



MONDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
10:00 am - 12:00 pm	Wii Bowling	None	Weekly
10:00 - 3:45 am	Pinochle	None	Weekly
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 - 1:30 pm	Senior Fun and Fitness with Chris Konior	Donation Class; Donations up to \$25.00 for 10-12 weeks	Weekly; Next Session Begins: In July
12:30 - 3:45 pm	Bridge	None	Weekly
1:30 - 3:30 pm	Cornhole No Experience Needed	None	Weekly; Join the Fun
June 10	Blood Pressure Screening By Carroll Hospital	None	10:00 - 11:00 am



Looking for Bridge and Pinochle players!
Drop in and join the fun!
Other Card Games & Players are Welcome





Daily Activities



TUESDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:00 - 9:45 am	Zumba Gold 	\$30.00 for 10-12 weeks	Weekly; Next Session Begins: In July
10:00 - 11:00 am	Study of Man	None	Weekly
10:00 - 11:30 am	Country Line Dancing	\$30.00 for 10-12 weeks	Weekly; Next Session Begins: In July
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 pm	Nickel Bingo 1st, 2nd, & 3rd Tuesday	5¢ per card	Ongoing
June 25	Monthly Craft: 2-D Butterflies	\$3.00	10:00 am



Looking for Volunteers to Call Bingo
See Erica or Shawn for more
information





Daily Activities



WEDNESDAY

Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
8:30 am - 3:45 pm	Push Rummy 2nd and 4th Wednesday	None	Bi-Monthly
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 - 1:30 pm	Arthritis Foundation with Chris Konior	Donation Class; Donations up to the Full Fee for 10-12 weeks	Weekly; Next Session Begins: In July
1:00 - 3:30 pm	Mahjongg	None	Weekly
1:30 - 3:30 pm	Cornhole No Experience Needed	None	Weekly; Join the Fun
June 12	Jeopardy	None	10:30 am
June 19	CLOSED for HOLIDAY		ALL DAY
June 26	America Says	None	10:30 am





Daily Activities



THURSDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:30 – 10:30 am	Staying Fit with Chris Konior	Donation Class; Donations up to \$25.00 for 10-12 weeks	Weekly; Next Session Begins: In July
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:30 pm	Nickel Bingo 4th Thursday	5¢ per card	Ongoing
June 6	CLOSING EARLY		Closing at 11:30 am Due to staff training
June 13	MD Insurance Admin: Health Insurance Q&A	None; see flyer on page 14	9:00 am - 12:00 pm
June 13	Fresh Conversations: Nutrition Talk with Terry Serio UMD/CC Extension Office	None	12:00 pm; No registration required
June 13	June Birthday Celebration	Sign Up for Lunch & Enjoy a Birthday Treat!	Monthly; 12:00 pm
June 13	Left, Right, Center Dice Game	Bring Your Nickels!	Monthly; 12:30 pm
June 20	Bureau of Aging/Disabilities: Information & Assistance Appointments at TSC	None	10:00 am; To make an appointment, call 410-386-3830
June 20	Site Council Meeting 2nd Thursday	None	10:30 am; All members are encouraged to attend



Daily Activities

FRIDAY			
Time	Activity	Cost	Session Info
8:00 am - 3:45 pm	Exercise Equipment Room	None	Daily
8:30 am - 3:45 pm	Billiards	None	Daily
8:30 am - 3:45 pm	Computer Lab	None	Daily
8:30 am - 3:45 pm	Library	None	Daily
8:30 am - 3:45 pm	Cards, Games & Puzzles	None	Daily
9:00 am	Walking at Robert's Mill Park Three (3) Laps equal One (1) Mile	None	Weekly; On Your Own
9:00 am - Noon	Walking Indoor Exercise Walk & stretch to Leslie Sansone exercise videos	Free	Weekly; Drop-In <i>Join Us when its too cold to walk outside</i>
12:00 pm	Lunch	By reservation; See page 3 for menu & meal cost	Daily
12:00 - 2:30 pm	Stained Glass The Class is Currently FULL; We are taking names for a Waitlist	\$30.00 for 6 weeks, includes materials	Weekly; Next Session Begins: June 28
June 14	Father's Day Special Lunch	By reservation; See page 3 for menu & meal cost	12:00 pm
July 12	Paint Party: Dragonfly	\$25	16x20 canvas; see flyer page 19

NOTE: In most cases, if classes are not full, you may join a class in progress without waiting until the next session begins. See center manager for details.

The Carroll County Bureau of Aging & Disabilities suggests that those interested in taking a physical activity program should consult with a medical professional before engaging in these activities. Physical exertion may be inappropriate for people with certain medical conditions. You must initial the Participation Agreement on the Membership Form prior to participating in these programs.

Extras At-A-Glance

Date	Program	Time	Info
Tuesday, June 4	Nickel Bingo	12:30 pm	5¢ per card
Thursday, June 6	CLOSING EARLY	Closing 11:30 am	
Monday, June 10	Blood Pressure Screening	10:00 am - 11:00 am	
Tuesday, June 11	Nickel Bingo	12:30 pm	5¢ per card
Wednesday, June 12	<i>Jeopardy</i>	10:30 am	What Is Fun?
Thursday, June 13	MD Insurance Admin: Health Insurance Q&A	9:00 am - 12:00 pm	Drop-In; See Flyer
Thursday, June 13	Fresh Conversations: Nutrition with Terry Serio	12:00 pm	Join us for a monthly Nutrition Program
Thursday, June 13	June Birthday Celebration	12:00 pm	Sign up for lunch & enjoy a birthday treat!
Thursday, June 13	Left, Right, Center Game	12:30 pm	Bring your Nickels!
Monday, June 14	Father's Day Special Lunch	12:00 pm	Join us for lunch
Tuesday, June 18	Nickel Bingo	12:30 pm	5¢ per card
Wednesday, June 19	Closed for Holiday		
Thursday, June 20	Bureau of Aging/Disabilities: Information & Assistance	10:00 am	Free: To make appointment call 410-386-3830
Thursday, June 20	Site Council Meeting	10:30 am	All members encouraged to attend
Tuesday, June 25	Monthly Craft: 2-D Butterflies	10:00 am	\$3.00
Wednesday, June 26	<i>America Says</i>	10:30 am	Join us as we play the game of guessing the top answers to fill-in-the-blank survey questions
Thursday, June 27	Nickel Bingo	12:30 pm	5¢ per card
Ongoing Monthly	Paint Projects: Craft Room Available	All Day - Except During Scheduled Craft Day	



THANK YOU
THANK YOU
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THANK YOU
THANK YOU
THANK YOU

Thank You

On May 10th we had a High Tea, maybe you were one of the lucky ones who joined us that day. The tea was a grand success and I wanted to take a moment to say thank you to the volunteers who planned, prepared, and worked the day of the tea. Without them the tea would not have been the wonderful affair that it was.

It takes our whole community to make our senior center a place you want to come and spend time.

~ Erica

HAPPY
FATHER'S
DAY!

Father's Day Celebration

Join us Friday, June 14

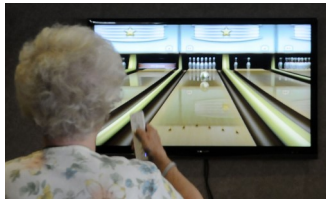
for a Yummy lunch, as we honor "Dads"



Lunch begins at 12:00 pm

RSVP for lunch by June 7

WORLD'S
BEST
DAD!



Bowling Anyone?

Join us Monday mornings for
Wii (video game) bowling!



All the FUN of regular bowling without the heavy ball

Do You Enjoy Walking
Or Have You Been Thinking About
Adding Walking to Your Routine ??



Taneytown Sr Center's *Taneytown Trekkers*
walking group meet at Roberts Mill Park on
Fridays at 9:00 am for social, group walking.

This is a weekly drop-in walking group, join us when you can & walk as
much as you want.

If the weather is bad come Inside at TSC & walk to a Leslie Sansone walking
exercise video

** NOTICE **

- * Carroll County Government & Senior Centers will observe Summer Hours with early closure at 3 PM on Fridays, 5/24-8/30
- * Due to the early closure on Thursday, June 6 the monthly Birthday celebration & Left, Right, Center game are moved to June 13
- * Due to the shift of the Birthday celebration the monthly TSC Site Council meeting is moved to June 20 at 10:30 am
- * Carroll County Government/Senior Centers will be closed two (2) days for the July 4th holiday - 7/4 & 7/5



FRESH CONVERSATIONS



Fresh Conversations provides a new, or fresh, newsletter each month. Each issue focuses on a current health topic and offers practical tips and sensible solutions to everyday problems that get in the way of doing what most people want to do: eat well and live well!

The newsletter provides up-to-date information to you from nutrition and health research. You will also find low-cost, healthy recipes, easy ways to be active at home, puzzles and games.

FREE EVENTS

Fresh Conversations is a Nutrition Program

This will be a [6]-part series with one session monthly beginning on May and running through October. Sign-up at Taneytown Senior Center.

Room: Lunch Room

Time: 12 noon

- Healthy Foods, Healthy Brain: **June 13, 2024**
- Go with Your Gut Bacteria: **July 11, 2024**
- Should You Worry About Vitamin D Deficiency? **Aug 8, 2024**
- Dairy Case Dilemma: Is It Really Milk? **September 5, 2024**
- Are Healthy Bones Important? **October 3, 2024**

You will be asked to fill out a voluntary survey that will take ~5 minutes.

If you need a reasonable accommodation to participate in any event or activity, please contact us 14 days before your preferred individual session.

Terry Serio 410-491-7477

Living Your Dreams • Be Active, Be Strong

**JOIN US FOR
FUN & CONVERSATION**



DO YOU HAVE INSURANCE QUESTIONS? **THE MIA CAN HELP!**



THE MARYLAND INSURANCE ADMINISTRATION (MIA) IS THE STATE AGENCY THAT CAN HELP YOU:

- Better understand your policies
- Address your insurance questions and concerns
- Help you compare rates for home and auto insurance



The MIA staff will be available, in-person, to answer your insurance related questions.

MIA is heading to Carroll County in June!

Tuesday, June 4, 2024, 10 AM - 1 PM

Mt. Airy Senior Center: 703 Ridge Ave., Mt Airy, MD 21771

Tuesday, June 11, 2024, 10 AM - 1 PM

South Carroll Senior Center: 5928 Mineral Hill Rd., Eldersburg, MD 21784

Thursday, June 13, 2024, ~~10 AM - 1 PM~~ 9AM - 12 PM


Taneytown Senior Center: 220 Roberts Mill Rd., Taneytown, MD 21787

Tuesday, June 18, 2024, 10 AM - 1 PM

Westminster Senior Center: 125 Stoner Ave., Westminster, MD 21157

Thursday, June 20, 2024, 10 AM - 1 PM

North Carroll Senior Center: 2328 Hanover Pike, Hampstead, MD 21074

 800-492-6116 Toll-free

 insurance.maryland.gov





WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders

It is estimated that **1** in **10** adults over the age of **60** are victims of abuse or exploitation each year. Many instances of abuse go unreported.

World Elder Abuse Awareness Day (WEAAD) is commemorated every June 15th to provide an opportunity to educate, empower and protect older adults from financial exploitation, abuse, or neglect.

Go Purple!

In an effort to show our solidarity and commitment to combating elder abuse, we invite you to wear purple on Friday, June 14th, 2024!

View this 15 minute video to learn;

- Who are the perpetrators of financial exploitation
- How they operate
- How to recognize red flags
- What you can do to protect yourself from scams and fraud

[The Financial Abuse of Seniors: Face it. It's a crime. California Attorney General's Office.](#)

June Craft Fun



2-D Butterflies

Tuesday

June 25

10:00 am - until
finished

Cost: \$3



Freedom Celebration

Let's celebrate America!
Wednesday, July 3
All American Lunch & Ice Cream Social



Lunch begins at 12:00 pm
RSVP for lunch by June 26



Do you have items to enter in the Fair? Art, needle work, sewing, crafts, gardening, photography, and many more categories are open for senior entries



Senior Day at the 4-H Fair is Thursday, August 1
We'd love to have you share your hand made items
at the Carroll County 4-H Fair!



Senior Day at the 4-H Fair includes an ice cream social and live music -
mark your calendars to join us at the Fair



Items will spend the night at the Fair for the public to
enjoy your creativity



Legal Aid Is Back In-Person in 2024!

Legal Aid Staff are returning to the center -
No Appointments Necessary - Walk-Ins Welcome

August 21 - 1:00-4:00 pm

December 18 - 1:00-4:00 pm

Need assistance sooner?

Call Intake 301-694-7414 or Online Intake www.mdlab.org

SENIOR FARMERS MARKET VOUCHER TICKETS

PLEASE Read Completely

Once again, the Carroll County Bureau of Aging and Disabilities
is participating in the Senior Farmers Market Program

JULY 2024

Will be distributed at following locations:

Mt Airy Senior Center:	Monday, July 08	9:00am to 11:00am
North Carroll Senior Center:	Tuesday, July 09	9:00am to 11:00am
South Carroll Senior Center:	Wednesday, July 10	9:00am to 11:00am
Taneytown Senior Center:	Thursday, July 11	9:00am to 11:00am
Westminster Senior Center:	Friday, July 12	9:00am to 11:00am

Please contact the respective centers if you have any questions

**Mt. Airy (410-386-3960); North Carroll (410-386-3900); South Carroll (410-386-3700);
Taneytown (410-386-2700); Westminster (410-386-3850).**

Eligibility Requirements: In order to receive Farmers Market Vouchers, you must reside in Carroll County and meet the following financial qualification. You must also show proof of residence. Please bring a Drivers License or Photo ID.

Qualified Seniors, age 60 and over are eligible to receive 1 Pre-Paid Debit Card (\$50.00 value)- Please note that this is a change from the \$5 vouchers used in the past.

Household Size	Federal Poverty Guidelines – 185%				
	Annual	Monthly	Twice Monthly	Bi-Weekly	Weekly
1	\$27,861	\$2,322	\$1,161	\$1,072	\$536
2	\$37,814	\$3,152	\$1,576	\$1,455	\$728

Tickets are limited, this is a first come, first served event.

By signing the application, you are legally certifying that you meet the requirements and have only received 1 Pre-Paid Debit Card.

It is very important that if you take a Farmers Market Debit Card that you use the card by November 30, 2024.



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 as soon as possible but no later than 72 hours before the scheduled event. Email: ada@ccg.carr.org

FRIDAY

12:30-2:30

12
July

Paint Party!



Your paragraph text



12x16
Canvas

dragonfly

HOST: Deanna Schaeffer
410-259-3738

deannasartforthesoul@gmail.com
Facebook.com/deannasartforthesoul

LOCATION:
Taneytown
Senior

\$ 25

**SIGN UP
HERE**

Sign up at the Senior Center

Paintings for May 6" x 6" canvas panels

More Choices Available - Prefer something else? Chat with Erica



Ongoing - Start anytime & Go at your own pace

Cost: 2 for \$5.00

Turning 65 or retiring soon and not sure what to do about Medicare??

Carroll County's State Health Insurance Assistance Program (SHIP) is here to help!

We invite you to attend our free informational Transitioning to Medicare workshops to learn more. We offer these two-part workshops monthly in collaboration with the Carroll County Public Library.



SHIP
State Health Insurance
Assistance Program

Navigating Medicare



SMP
Senior Medicare Retiree

Preventing Medicare Fraud

Please register for live sessions at:

<https://ccpl.librarymarket.com/events/month>

****Pre-Recorded sessions can also be accessed at any time using the links listed below.**



Transitioning to Medicare Part 1

All workshops start at 5:00pm!! Registration is required!!

June 5th, 2024-Webinar

July 10th, 2024 - In person @ Exploration Commons (50 E Main St)

August 7th, 2024-Webinar

August 13th, 2024 - In person @ North Carroll Public Library (2255 Hanover Pike)

September 18th, 2024-Webinar

October 16th, 2024-Webinar

November 13th, 2024 - In person @ Westminster Public Library (50 E Main St)

December 11th, 2024-Webinar

****Pre-Recorded Session on YouTube:** <https://www.youtube.com/watch?v=1u-z4DmVqS0>

Original Medicare (Parts A, B, & D), Advantage Plans (Part C), Supplemental Plans (Medigap),
Fraud & Abuse, & Medicare Savings Programs.

Transitioning to Medicare Part 2

All workshops start at 5:00pm!! Registration is required!!

June 12th, 2024-Webinar

July 17th, 2024 - In person @ Westminster Public Library (50 E Main St)

August 14th, 2024-Webinar

August 20th, 2024 - In person @ North Carroll Public Library (2255 Hanover Pike)

September 25th, 2024-Webinar

October 23rd, 2024-Webinar

November 20th, 2024 - In person @ Westminster Public Library (50 E Main St)

December 18th, 2024-Webinar

****Pre-Recorded Session on YouTube:** <https://www.youtube.com/watch?v=nSudSNDegVY>

Take a closer look at Medicare Supplemental Plans and Advantage Plans.

Sponsored by: Carroll County Bureau of Aging & Disabilities: 125 Stoner Ave, Westminster, MD 21157

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.

This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$26,681 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government

Flag Day

G Y I L H L W Y R S X C W O U K L F J S A W Y P I P W J B O
 H T N K J L O M Y X I D Z A A X X I O D Z Y R N T E A F H N
 S J E W G S R M M T A X N Z Z B E F I O V G T I L L Z S F S
 P F E J V Q B A N H C L J K L W X T D T J M N G I D I Y N T
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 J H A H L H P Y U J J I A U R X U H K A R O P J W C X A E J
 P H F L E A S E W H M I I S M K O X O M B A P U T Y K E U X
 N K K E U L S G T Q G J J N J W V T F C Z G U W B S I T F C
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 H K M Q N I E J F W G L Z Y B B B W R L O J B R B M X O W S

AMERICA
 EAGLE
 STARS
 HALYARD
 OLDGLORY
 THIRTEEN

BANNER
 EMBLEM
 FLAGPOLE
 STRIPES
 PATRIOTIC
 UNFURL

BETSYROSS
 FIELD
 FLUTTER
 JUNE
 RED
 UNIONJACK

BLUE
 FIFTY
 FLY
 MAST
 SALUTE
 WHITE

COUNTRY
 FINIAL
 HALFMAST
 ANTHEM
 SYMBOL

The Origins of Flag Day



That the flag of the United States shall be of thirteen stripes of alternate red and white, with a union of thirteen stars of white in a blue field, representing the new constellation.

This was the resolution adopted by the Continental Congress on June 14, 1777. The resolution was made following the report of a special committee which had been assigned to suggest the flag's design.

A flag of this design was first carried into battle on September 11, 1777, in the Battle of the Brandywine. The American flag was first saluted by foreign naval vessels on February 14, 1778, when the *Ranger*, bearing the Stars and Stripes and under the command of Captain Paul Jones, arrived in a French port. The flag first flew over a foreign territory in early 1778 at Nassau, Bahama Islands, where Americans captured a British fort.

Observance of the adoption of the flag was not soon in coming, however. Although there are many claims to the first official observance of Flag Day, all but one took place more than an entire century after the flag's adoption in 1777.

The first claim was from a Hartford, Conn., celebration during the first summer of 1861. In the late 1800s, schools all over the United States held Flag Day programs to contribute to the Americanization of immigrant children, and the observance caught on with individual communities.

The most recognized claim comes from New York. On June 14, 1889, Professor George Bolch, principal of a free kindergarten for the poor of New York City, had his school hold patriotic ceremonies to observe the anniversary of the Flag Day resolution. This initiative attracted attention from the State Department of Education, which arranged to have the day observed in all public schools thereafter. Soon the state legislature passed a law making it the responsibility of the state superintendent of public schools to ensure that schools hold observances for Lincoln's Birthday, Washington's Birthday, Memorial Day and Flag Day. In 1897, the governor of New York ordered the displaying of the flag over all public buildings in the state, an observance considered by some to be the first official recognition of the anniversary of the adoption of the flag outside of schools.

Another claim comes from Philadelphia. In 1893, the Society of Colonial Dames succeeded in getting a resolution passed to have the flag displayed on all of the city's public buildings. Elizabeth Duane Gillespie, a direct descendant of Benjamin Franklin and the president of the Colonial Dames of Pennsylvania, that same year tried to get the city to call June 14 Flag Day. Resolutions by women were not granted much notice, however, and it was not until May 7, 1937, that Pennsylvania became the first state to establish the June 14 Flag Day as a legal holiday. Flag Day is a nationwide observance today, but Pennsylvania is the only state that recognizes it as a legal holiday.

Bernard J. Cigrand, a school teacher in Waubeka, Wisconsin, reportedly spent years trying to get Congress to declare June 14 as a national holiday. Although his attempts failed, the day was widely observed. "Father of Flag Day" honors have been given to William T. Kerr, who was credited with founding the American Flag Day Association in 1888 while still a schoolboy in Pittsburgh, Pennsylvania.

Both President Wilson, in 1916, and President Coolidge, in 1927, issued proclamations asking for June 14 to be observed as the National Flag Day. But it wasn't until August 3, 1949, that Congress approved the national observance, and President Harry Truman signed it into law. ~ US Veteran Affairs Dept.

Come Play.....



Wednesday, June 12

10:30 am

What is join us for Jeopardy?
Test your memory in a WIDE
variety of categories.



Wednesday, June 26

10:30 am

Join us as we play the game of
guessing the top answers to fill-in-
the-blank survey questions

