

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) RSVP by 6/26 Cheese or Pepperoni Pizza Caesar Salad Apricots Juice	2) RSVP by 6/27 Pork Loin Onion Gravy Peas & Mushrooms Mashed Potatoes Fruit Cocktail Wheat Bread Chocolate Milk	3) RSVP by 6/26 Cheeseburger & All Beef Hot Dog L,T,O Baked Beans Cole Slaw Fresh Fruit Ice Cream 4th of July Special		
8) RSVP by 7/2 Salisbury Steak Gravy Roasted Potatoes Harvard Beets Navy Bean Salad Wheat Bread Grape Juice	9) RSVP by 7/3 BBQ Chicken Sandwich Cream of Broccoli Soup Cabbage Slaw Apricot Halves Chocolate Milk	10) RSVP by 7/3 Maple Peach Ham Au Gratin Potatoes Braised Cabbage Pineapple Tidbits Wheat Bread Fruit Punch Chocolate Milk	11) RSVP by 7/3 Italian Cold Cut Sub L,T,O Potato Salad Cole Slaw Fruit Cocktail SUB DAY	12) RSVP by 7/9 Turkey Burger L,T,O Cucumber & Onion Salad Baked Beans Fruited Yogurt
15) RSVP by 7/10 Roast Beef & Gravy Roasted Potatoes Seasoned Greens Mandarin Oranges Wheat Bread Grape Juice	16) RSVP by 7/11 Chicken Cacciatore Brown Rice Buttered Carrots Green Pea Salad Wheat Bread Orange Juice Chocolate Milk	17) RSVP by 7/12 Pepperjack Cheeseburger L,T Broccoli Slaw Tropical Fruit Pineapple Juice	18) RSVP by 7/15 Tuna Salad On Wheat Bread L,T Multi Tomato Bean Soup Copper Pennies Cinnamon Apples Yogurt	19) RSVP by 7/16 Creamy Ranch Chicken Rice Pilaf Peas & Carrots Moroccan Beet Salad Orange Juice Wheat Bread
22) RSVP by 7/17 Meatball & Cheese Sub Green Beans Mandarin Oranges Fruit Juice	23) RSVP by 7/16 Baked Potato Chili Con Carne Spinach Salad Applesauce Wheat Bread Fruit Punch BAKED POTATO	24) RSVP by 7/19 Chicken Salad Sandwich Split Pea Soup Cole Slaw Tropical Fruit Chocolate Milk	25) RSVP by 7/22 Pork Loin & Gravy Cucumber Salad Kale Mashed Potatoes Apple Slices Dinner Roll Yogurt	26) RSVP By 7/23 Chicken Fajitas Mexican Rice Diced Peaches Pineapple Juice
29) RSVP by 7/24 Sliced Corned Beef Mashed Potatoes Braised Cabbage Corn & Pea Salad Tropical Fruit	30) RSVP by 7/25 Pasta & Meat Sauce Cucumber & Tomato Salad Wheat Bread Grape Juice	31) RSVP by 7/25 All Beef Hotdog Baked Beans Cole Slaw Fruit Cocktail		

- ◆ **Cost of lunch for Center members 60+ years is a donation up to \$6.09 (full cost of meal).**
- ◆ **Per grant requirements, individuals age 50-59 years must pay the full price.**
- ◆ **Spouses of members 60+ years, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.**