

Carroll County Commission on Aging & Disabilities Meeting

Meeting Date: September 27, 2023

Start Time: 10:00am

Location: Virtual on GoToMeeting Platform

Chairperson: Jim McCarron

Vice-Chair: Lauren Hickey

Topic	Discussion
Attendance – COAD members in bold	James McCarron , Gina Valentine, Bobbie Lawrence, Diann Linton , Brian Kesling, Marisa Cooke , Rich Ottone, Cheryl Steinbacher , Lauren Hickey , Pat Dodd , Lisa Carroll, Lou Yeager, Amy Baker, Dave Drezner, Cheri Ebaugh, Brian Kesling
Acronyms	AAA - Area Agency on Aging, ADA - American’s w/Disabilities Act, ADL - Activities of Daily Living, AIP – Aging in Place, BCC – Board of County Commissioners, BOAD - Bureau of Aging and Disabilities, COAD – Commission on Aging and Disabilities, CDSMP – Chronic Disease Self-Management Program, CTS – Carroll Transit System, CIL - Center for Independent Living, DSS – Department of Social Services, FFP – Federal Financial Participation, HSP – Human Services Programs of Carroll County, LTAC – Long Term Advisory Council, LTCOP - Long Term Care Ombudsman Program, M4A - Maryland Association of Area Agencies on Aging, MAP - Maryland Access Point, MASCC – Mt. Airy Senior & Community Center, MDH - Maryland Department of Health, MDoA – Maryland Department of Aging, MFP -Money Follows the Person, MOU – Memorandum of Understanding, MWOA - Medicaid Waiver for Older Adults, NCSCC – North Carroll Senior & Community Center, NED - Non-Elderly Disabled, NFCSP - National Family Caregiver Support Program, OAA - Older Americans Act, OHQC - Office of Health Care Quality, SALS - Senior Assisted Living Subsidy program, SCSCC – South Carroll Senior & Community Center, SHIP - State Health Insurance Assistance Program, SIP - Senior Inclusion Program, SMP - Senior Medicare Patrol, SPDAP - Senior Prescription Drug Assistance Program, TSCC – Taneytown Senior & Community Center, VTV – Village to Village, WEAAD – World Elder Abuse Awareness Day, WSCC – Westminster Senior & Community Center.
Call to Order/Introductions – Jim McCarron	Jim McCarron called the meeting to order and welcomed everyone.
Establishment of a Quorum – Jim McCarron	A quorum was established.
Approval of Minutes – Jim McCarron	July 26 th , 2023, meeting minutes approved (Cheryl/ Lauren).
Commissioner’s Comments –	Commissioner Vigliotti welcomed group. -Attended the Seniors on the Go Expo and was impressed by the number of services offered in our community. “No

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	<p>matter who you are, you have a place to call home in this County.” -Would be happy to share information for the community during Priority Carroll in the weekly open session meetings.</p>
<p>Bureau of Aging & Disabilities</p>	<p><u>Senior Centers Update – Rich Ottone</u></p> <ul style="list-style-type: none"> • Drive up flu shots at Senior Centers October 1-October 6, partnered with the Health Department and Finksburg Pharmacy. Will be going to each Senior Center over the week. • Congregate home meal program: same two vendors for the past five years. • October 25th North Carroll Senior Center: screening day in the morning stroke awareness, balance screening, speak to a pharmacist. Event going from 9:30am- 11:30am. <p><u>Program Updates – Bobbie Lawrence</u></p> <ul style="list-style-type: none"> • November 4th, 2023 Caregiver Support Conference- learn techniques and self-care, improv group coming in. Palliative Hospice Care & caring for yourself while you care for others. • MAP part D Medicare Enrollments open, staff taking appointments from October 15th- December 7th, will also be attending each Senior Center through month of October. • Veterans: rise in emergency needs outside of what is typically offered, including mental health treatment. • Veteran Services Program fully staffed. <p><u>AARP Age Friendly Community Initiative Update – Position Open- Gina Valentine providing update</u></p> <ul style="list-style-type: none"> • Age Friendly Community Initiative still looking to be filled • Guardian position filled by Sam with HSP, taking over roughly 22 clients currently. • October is Resident Rights Month-important to recognize residents rights. Residents may not realize their rights while living in facilities. • Federal Government Shutdown- food stamps/ snap benefits may be put on hold. Looking for leniencies to ensure food is available. Emergency meal kits available at the Bureau of Aging. Items may be limited through SNAP benefits but additional resources available at the Food Pantries, Food Sunday, etc. • Mt. Airy Senior Center AARP meeting in October, focusing on transportation for appointments.

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	<ul style="list-style-type: none"> • Veterans MACO Conference, met with Secretary Woods to discuss initiatives in community. • Veteran Services Program celebrating 10-year Anniversary in October towards end of month. Information and flyers will follow with more information.
<p>Old Business</p>	<p><u>Currently COAD Openings –</u></p> <p>A. Current COAD Openings</p> <p style="padding-left: 40px;">i. Manchester- Individual Jim McCarron was working with for Manchester is unable to commit, currently looking for replacement.</p> <p style="padding-left: 40px;">ii.Finksburg</p> <p>B. MD Alliance of Disability Commissions Update- No new comments, meeting held bi-monthly.</p>
<p>New Business – JimMcCarron</p>	<p><u>A. Seniors on the Go Expo</u></p> <ul style="list-style-type: none"> • Wednesday September 13th, 2023 9am-2pm- Every Mind Matters: empathy, emotional health, self-care, exercise. • Wonderful turn out, have received a large amount of feedback from attendees and Vendors. • A total of 110 Vendors, roughly 1500 in attendance. <p><u>B. COAD Vice- Chair Election</u></p> <ul style="list-style-type: none"> • Lauren Hickey voted in as Vice- Chair for the commission on Aging & Disabilities. <p><u>C. Holiday Party Discussion</u></p> <ul style="list-style-type: none"> • Group has moved in favor of having a 2023 Holiday Party in December. Additional information to follow.
<p>Area Reports – COADMmembers</p>	<p><u>COAD Members</u></p> <p>a. Needs in your area</p> <ul style="list-style-type: none"> • Lauren Hickey- no new updates. Saturday October 7th, 1-7pm Music on Main.

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	<ul style="list-style-type: none"> • Jim McCarron- trails opening in Taneytown, working to have lights installed. Ready for dedication within 30 days. • Diann Linton: Mt Airy: Historical society first week in October/ Bus & walking tours- October/ Mt. Scary October 21st- 28th, 2023 • Cheryl Steinbacher: Hampstead/ Manchester fall festivals one in the beginning of October and one at the end of the month.
<p>Public Comment</p>	<p>Brian Keseling: Affordable Broadband, Federally Funded Program available. Would like to remind clients of being able to qualify for grant if low income.</p> <p>Due to timing of Thanksgiving holiday, November meeting is moved from Wednesday November 22nd to Wednesday November 29th at Westminster exploration commons</p>
<p>Next Meeting Date</p>	<p>Next meeting is Wednesday, November 29th, at 10am.</p>