## July 2024 Menu North Carroll Lunch MENU SUBJECT TO CHANGE WITHOUT NOTICE

Cost of lunch for center members 60+ is a donation up to \$6.09 (full cost of meal). Per grant requirements, those under 60 must pay the full price of \$6.09. Spouses of adults 60+, regardless of age, may give a donation if they accompany their spouse. If unaccompanied by their spouse, they must pay the full price of \$6.09.

Monday	Tuesday	Wednesday	Thursday	Friday
1. Beef Stroganoff Butter Noodles Cucumber Salad Mandarin Oranges Bread/Juice/Milk RSVP BY 6/27 @ 10 AM	2. Roast Pork Loin w/ gravy Mashed Potatoes Peas & Mushrooms Fruit Cocktail Bread/Juice/Milk RSVP BY 6/28 @ 10 AM	3. FOURTH OF JULY SPECIAL Cheeseburger Baked Beans Pepper Slaw Fruit/Milk/Dessert RSVP BY 6/26 @ 10 AM	4. CENTER CLOSED	5. CENTER CLOSED
8. Salisbury Steak Roasted Potatoes Harvard beets Navy Bean Salad Bread/Juice/Milk RSVP BY 7/3 @ 10 AM	9. BBQ Chicken Sandwich Cream of Broccoli Soup Red Cabbage Slaw Apricot Halves Milk RSVP BY 7/3 @ 10 AM	10. HOT DOG DAY Baked Beans Cole Slaw Diced Pears Milk RSVP BY 7/3 @ 10 AM	11. ITALIAN SUB SPECIAL Potato Salad Cole Slaw Fruit Cocktail Milk RSVP BY 7/3 @ 10 AM	12. Turkey Cheeseburger Baked Beans Cucumber Salad Juice/Milk RSVP BY 7/10 @ 10 AM
15. Beef Pot Roast Roasted Potatoes Seasoned Greens Mandarin Oranges Bread/Juice/Milk RSVP BY 7/11 @ 10 AM	16. Chicken Cacciatore Brown Rice Buttered Carrots Pea & Red Pepper Salad Bread/Juice/Milk RSVP BY 7/12 @ 10 AM	17. Cheeseburger Broccoli Slaw Tropical Fruit Juice Milk RSVP BY 7/15 @ 10 AM	18. Tuna Salad Sandwich Tomato Multibean Soup Copper Pennies Salad Hot Cinnamon Apples Yogurt RSVP BY 7/16 @ 10 AM	19. Creamy Ranch Chicken Breast Yellow Rice Pilaf Peas & Carrots Moroccan Beet Salad Bread/Juice/Milk RSVP BY 7/17 @ 10 AM
22. Meatball Sub Seasoned Green Beans Mandarin Oranges Juice Milk RSVP BY 7/18 @ 10 AM	23. POTATO DAY Chili con Carne Spinach Salad Applesauce Bread/Juice/Milk RSVP BY 7/16 @ 10 AM	24. Chicken Salad Sandwich Split Pea Soup Cole Slaw Tropical Fruit Yogurt RSVP BY 7/22 @ 10 AM	25. Roast Pork Loin w/Gravy Mashed Potatoes Seasoned Kale Cucumber Salad Fruit/Roll/Milk RSVP BY 7/23 @ 10 AM	26. Chicken Fajitas Mexican Rice Diced Peaches Juice/Milk RSVP BY 7/24 @ 10 AM
29. Sliced Corn Beef Mashed Potatoes Braised Red Cabbage Corn & Pea Salad Fruit/Bread/Milk RSVP BY 7/25 @ 10 AM	30. Pasta Bake Greek Cucumber Salad Bread Juice Milk RSVP BY 7/26 @ 10 AM	31. MEATLOAF SPECIAL Mashed Potatoes Sliced Carrots Applesauce Bread/Juice/Milk RSVP BY 7/24 @ 10 AM		