

# HOT Lunches

# Westminster Senior Center

# July 2024

**Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.**

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

**Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.**

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.09, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.09, Paid Directly To Assistant Director NAME:**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>RSVP 6/25/24</b> <span style="float: right;">1</span></p> <p>GROUND BEEF STROGANOFF BUTTERED NOODLES CUCUMBER SALAD WHEAT BREAD MANDARIN ORANGES</p>	<p><b>RSVP 6/25/24</b> <span style="float: right;">2</span></p> <p>PORK LOIN / SWEET ONION GRAVY PEAS &amp; MUSHROOMS GARLIC MASHED POT. WHEAT BREAD FRUIT COCKTAIL</p>	<p><b>"SPECIAL" RSVP 6/25/24</b> <span style="float: right;">3</span></p> <p>CHEESEBURGER ROLL &amp; CONDITMENTS BAKED BEANS PEPPER SLAW WATERMELON PIE</p>	<p><b>CENTER CLOSED</b> <span style="float: right;">4</span></p> 	<p><b>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</b></p> <p><b>CENTER CLOSED</b> <span style="float: right;">5</span></p>
<p><b>RSVP 7/1/24</b> <span style="float: right;">8</span></p> <p>SALISBURY STEAK GRAVY ROASTED POTATOES HARVARD BEETS WHEAT BRAED AMISH BEAN SALAD</p>	<p><b>RSVP 7/1/24</b> <span style="float: right;">9</span></p> <p>CR. OF BROCCOLI SOUP BBQ CHICKEN ROLL RED CABBAGE SLAW APRICOTS</p>	<p><b>RSVP 7/1/24</b> <span style="float: right;">10</span></p> <p>MAPLE / PEACH GLAZED HAM AU-GRATIN POTATOES BRAISED CABBAGE WHEAT BREAD PINEAPPLE TIDBITS</p>	<p><b>SPECIAL SUB DAY RSVP 7/1/24</b> <span style="float: right;">11</span></p> <p>ITALIAN COLD CUT SUB PROVOLONE CHEESE CLUB ROLL CONDITMENTS COLE SLAW POTATO SALAD FRUIT COCKTAIL</p>	<p><b>RSVP 7/1/24</b> <span style="float: right;">12</span></p> <p>TURKEY BURGER CHEESE &amp; ROLL LETTUCE / TOMATO BAKED BEANS CUCUMBER ONION SALAD</p>
<p><b>RSVP 7/9/24</b> <span style="float: right;">15</span></p> <p>ROAST BEEF &amp; BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p>	<p><b>RSVP 7/9/24</b> <span style="float: right;">16</span></p> <p>CHICKEN CACCITORE BROWN RICE BUTTERED CARROTS WHEAT BREAD GREEN PEA &amp; RED PEPPER SALAD</p>	<p><b>RSVP 7/9/24</b> <span style="float: right;">17</span></p> <p>PEPPER JACK CHEESE BEEF PATTY ROUND ROLL LETTUCE TOMATO GARNISH BROCCOLI SLAW TROPICAL FRUIT</p>	<p><b>RSVP 7/9/24</b> <span style="float: right;">18</span></p> <p>TOMATO BEAN SOUP TUNA SALAD SANDWICH COPPER PENNIES CINNAMON APPLES YOGURT</p>	<p><b>RSVP 7/9/24</b> <span style="float: right;">19</span></p> <p>CREAMY RANCH CHICKEN YELLOW RICE PILAF PEAS &amp; CARROTS WHEAT BREAD MOROCCAN BEET SALAD</p>
<p><b>RSVP 7/15/24</b> <span style="float: right;">22</span></p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p>	<p><b>SPECIAL BAKED POTATO RSVP 7/15/24</b> <span style="float: right;">23</span></p> <p>BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI &amp; CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p>	<p><b>RSVP 7/15/24</b> <span style="float: right;">24</span></p> <p>SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT</p>	<p><b>RSVP 7/15/24</b> <span style="float: right;">25</span></p> <p>PORK LOIN &amp; GRAVY GARLIC M. POTATOES SEASONED KALE GERMAN CUCUMBER SALAD DINNER ROLL APPLE SNACK PACK YOGURT</p>	<p><b>RSVP 7/15/24</b> <span style="float: right;">26</span></p> <p>CHICKEN FAJITAS TORTILLA SOUR CREAM MEXICAN RICE PEACHES</p>
<p><b>RSVP 7/22/24</b> <span style="float: right;">29</span></p> <p>SLICED CORN BEEF MASHED POTATOES BRAISED RED CABBAGE CORN &amp; PEA SALAD WHEAT BREAD TROPICAL FRUIT</p>	<p><b>RSVP 7/22/24</b> <span style="float: right;">30</span></p> <p>WG PASTA BAKE WHEAT BREAD GREEK CUCUMBER TOMATO SALAD</p>	<p><b>RSVP 7/22/24</b> <span style="float: right;">31</span></p> <p>HOT DOG MEAL CONDITMENTS BAKED BEANS COLE SLAW DICED PEARS</p>	<p><b>RSVP 7/22/24</b> <span style="float: right;">8/1</span></p> <p>MEATLOAF MUSHROOM GRAVY GARLIC M. POTATOES PEAS &amp; PEARL ONIONS WHEAT BREAD CINNAMON APPLES YOGURT</p>	<p><b>RSVP 7/22/24</b> <span style="float: right;">8/2</span></p> <p>BBQ PORK LOIN SANDWICH ROLL BAKED BEANS COLE SLAW PINEAPPLE TIDBITS</p>

# COLD Lunches

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# July 2024

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Under 60 Years Old = **Full Price \$6.99**, Paid Directly To Assistant Director

**Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.**

**Write name on the menu & turn in white copy.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> RSVP 6/25/24</p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p><b>2</b> RSVP 6/25/24</p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>3</b> RSVP 6/25/24</p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p><b>4</b> RSVP 6/25/24</p> <p>CENTER CLOSED</p>	<p><b>5</b> RSVP 6/25/24</p> <p>CENTER CLOSED</p>
<p><b>8</b> RSVP 7/1/24</p> <p>BOLOGNA, SALAMI &amp; CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p><b>9</b> RSVP 7/1/24</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p><b>10</b> RSVP 7/1/24</p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p><b>11</b> RSVP 7/1/24</p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>12</b> RSVP 7/1/24</p> <p>TURKEY &amp; CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p><b>15</b> RSVP 7/9/24</p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p><b>16</b> RSVP 7/9/24</p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>17</b> RSVP 7/9/24</p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p><b>18</b> RSVP 7/9/24</p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>19</b> RSVP 7/9/24</p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>
<p><b>22</b> RSVP 7/15/24</p> <p>BOLOGNA, SALAMI &amp; CHEESE, ON ROLL CARROT SNACK PACK COLBY CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p><b>23</b> RSVP 7/15/24</p> <p>TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE</p>	<p><b>24</b> RSVP 7/15/24</p> <p>COLD FRIED CHICKEN PATTY ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE CHOCOLATE MILK / JUICE</p>	<p><b>25</b> RSVP 7/15/24</p> <p>EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>26</b> RSVP 7/15/24</p> <p>TURKEY &amp; CHEESE ON BREAD CARROT PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>
<p><b>29</b> RSVP 7/22/24</p> <p>CURRIED CHICKEN SALAD ON ROLL COLBY CHEESE STICK CARROT SNACK PACK- SALAD OF THE DAY CHIPS OR COOKIE MILK / JUICE</p>	<p><b>30</b> RSVP 7/22/24</p> <p>COLD GRILLED CHICKEN BREAST ON ROLL MOZZARELLA CHEESE ST. CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>31</b> RSVP 7/22/24</p> <p>CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE</p>	<p><b>8/1</b> RSVP 7/22/24</p> <p>HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE</p>	<p><b>8/2</b> RSVP 7/22/24</p> <p>TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ. CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE</p>