

HOT Lunches *Westminster Senior Center* JANUARY 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Circle days eating; on either HOT or COLD side. Write name on menu & turn in the white copy.

Meal Price: 60 Years Old & Up = **HOT LUNCH Donation Up To \$6.31, includes accompanying younger spouses;**

Under 60 Years Old = **Full Price \$6.31, Paid Directly To Assistant Director** **NAME:**


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|--|---|--|
| <p>1 % White Milk or Chocolate Milk or Yogurt and most days Juice is served with lunch</p> | | <p>1</p>  | <p>2</p> <p>RSVP 10/28/24</p> <p>PORK LOIN SWEET ONION GRAVY PEAS & MUSHROOMS GARLIC M. POTATOES WHEAT BREAD FRUIT COCKTAIL</p> | <p>3</p> <p>RSVP 10/28/24</p> <p>HONEY BEEF BBQ RIB PATTY FIESTA BLACK BEANS COLE SLAW ROLL YOGURT</p> |
| <p>6</p> <p>RSVP 10/28/24</p> <p>CHICKEN BREAST COQ AU VIN BROWN RICE PILAF MIXED VEGETABLES WHEAT BREAD APPLE SNACK PACK</p> | <p>7</p> <p>RSVP 10/28/24</p> <p>SALISBURY STEAK GRAVY ROASTED POTATOES HARVARD BEETS WHEAT BREAD AMISH BEAN SALAD</p> | <p>8</p> <p>RSVP 10/2/24</p> <p>WHITE BEAN CHICKEN CHILI YELLOW RICE PILAF CORN MUFFIN JUICE / MILK</p> | <p>9</p> <p>SPECIAL BAKED POTATO RSVP 10/28/24</p> <p>BAKED POTATO SPINACH SALAD TOMATOES / DRESSING CHILI & CHEESE SOUR CREAM WHEAT BREAD APPLESAUCE</p> | <p>10</p> <p>RSVP 10/28/24</p> <p>MAPLE PEACH GLAZED HAM AUGRATIN POTATOES BRUSSELS SPROUTS WHEAT BREAD PINEAPPLE TIDBITS CHOCOLATE MILK</p> |
| <p>13</p> <p>RSVP 10/28/24</p> <p>ROAST CHICKEN W/ CREAMY ARTICHOKE SAUCE YELLOW RICE PILAF SEASONED GREENS WHEAT BREAD CINNAMON APPLE SLICES</p> | <p>14</p> <p>RSVP 11/5/24</p> <p>MEATLOAF & GRAVY MASHED POTATOES SLICED CARROTS WHEAT BREAD APPLESAUCE</p> | <p>15</p> <p>RSVP 11/5/24</p> <p>POT ROAST OF BEEF BURGUNDY GRAVY ROASTED POTATOES SEASONED GREENS WHEAT BREAD MANDARIN ORANGES</p> | <p>16</p> <p>SPECIAL CABIN FEVER RSVP 11/5/24</p> <p>STUFFED CHICKEN BREAST & GRAVY MASHED POTATOES GR. BEAN CASSEROLE WHEAT BREAD PIE</p> | <p>17</p> <p>RSVP 11/5/24</p> <p>PEPPER JACK CHEESE BEEF PATTY / ROLL LETTUCE TOMATO GARNISH BROCCOLI SLAW TROPICAL FRUIT YOGURT</p> |
| <p>20</p> <p>MARTIN LUTHER KING, JR DAY CENTER CLOSED</p> | <p>21</p> <p>SPECIAL SUB DAY RSVP 11/18/24</p> <p>ROAST BEEF / KAISER ROLL CONDITMENTS COLE SLAW POTATO SALAD FRUIT COCKTAIL</p> | <p>22</p> <p>RSVP 11/18/24</p> <p>MEATBALL SUB CHEESE GARNISH WHEAT ITALIAN ROLL GREEN BEANS MANDARIN ORANGES</p> | <p>23</p> <p>RSVP 11/18/24</p> <p>CHICKEN BREAST PAPRIKA LEMON RICE PILAF GREEN AND WAX BEAN MEDLEY WHEAT BREAD CINNAMON APPLESAUCE YOGURT</p> | <p>24</p> <p>RSVP 11/18/24</p> <p>SPLIT PEA SOUP CHICKEN SALAD SANDWICH LETTUCE / TOMATO COLE SLAW TROPICAL FRUIT</p> |
| <p>27</p> <p>RSVP 11/18/24</p> <p>ROASTED PORK LOIN & GRAVY GARLIC MASHED POT. SEASONED KALE GERMAN CUCUMBER SALAD DINNER ROLL APPLE PACK</p> | <p>28</p> <p>RSVP 11/18/24</p> <p>CHICKEN FAJITAS TORTILLA SOUR CREAM MEXICAN RICE PEACHES</p> | <p>29</p> <p>RSVP 11/18/24</p> <p>SLICED CORN BEEF MASHED POTATOES BRAISED RED CABBAGE CORN & PEA SALAD WHEAT BREAD TROPICAL FRUIT</p> | <p>30</p> <p>RSVP 10/28/24</p> <p>HOT DOG MEAL ROLL CONDITMENTS SAUERKRAUT BAKED BEANS FRUIT JUICE & MILK</p> | <p>31</p> <p>RSVP 10/28/24</p> <p>ESTHER'S SOUP CHICKEN SALAD ROLL FRUIT JUICE AND MILK</p> |

COLD Lunches *Westminster Senior Center* JANUARY 2025

Reservations REQUIRED: Reservation Deadlines (RSVPs) are noted for each day.

Otherwise, meals cannot be guaranteed. Call 410-386-3854 or sign up with Assistant Manager.

Advanced notice of changes will be given when possible. Lunch is served at 11:30 am.

Meal Price: 60 Years Old & Up = **COLD LUNCH Donation Up To \$7.24**, includes accompanying younger spouses;

Under 60 Years Old = **Full Price \$7.24**, Paid Directly To Assistant Director

Prefer a COLD lunch instead? Circle day of the Cold lunch. Write "COLD" on the HOT side of the menu, on the day of the substitution.

Write name on the menu & turn in white copy.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|--|--|--|
| | | 1 RSVP 10/28/24 HAPPY NEW YEAR CLOSED | 2 RSVP 10/28/24 BOX LUNCH NOT AVAIABLE | 3 RSVP 10/28/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ.CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE |
| 6 RSVP 10/28/24 BOX LUNCH NOT AVAIABLE | 7 RSVP 10/28/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE | 8 RSVP 10/28/24 BOX LUNCH NOT AVAIABLE | 9 RSVP 10/28/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE | 10 RSVP 10/28/24 BOX LUNCH NOT AVAIABLE |
| 13 RSVP 11/5/24 BOX LUNCH NOT AVAIABLE | 14 RSVP 11/5/24 BOX LUNCH NOT AVAIABLE | 15 RSVP 11/5/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE | 16 RSVP 11/5/24 BOX LUNCH NOT AVAIABLE | 17 RSVP 11/5/24 TURKEY CRANBERRY SALAD ON WHEAT BREAD CARROT SNACK PACK MOZZ.CHEESE STICK SALAD OF THE DAY CHIPS OR COOKIE |
| 20 RSVP 11/18/24 MARTIN LUTHER KING, JR. DAY CENTER CLOSED | 21 RSVP 11/18/24 TUNA FISH SALAD WHEAT BREAD CARROT SNACK PACK SALAD OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE MILK / JUICE | 22 RSVP 11/18/24 BOX LUNCH NOT AVAIABLE | 23 RSVP 11/18/24 EGG SALAD ON WHEAT BREAD MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE | 24 RSVP 11/18/24 BOX LUNCH NOT AVAIABLE |
| 27 RSVP 11/18/24 BOX LUNCH NOT AVAIABLE | 28 RSVP 11/18/24 BOX LUNCH NOT AVAIABLE | 29 RSVP 11/18/24 CHICKEN SALAD ON WHEAT BREAD CARROT SNACK PACK FRUIT OF THE DAY COLBY CHEESE STICK CHIPS OR COOKIE CHOCO. MILK / JUICE | 30 RSVP 11/18/24 HAM AND CHEESE ON HOAGIE ROLL MOZZ. CHEESE STICK CARROT SNACK PACK FRUIT OF THE DAY CHIPS OR COOKIE YOGURT CUP / JUICE | 31 RSVP 11/18/24 BOX LUNCH NOT AVAIABLE |